

Sexual Abuse Checklist

- ___ rapes and sexually assaults you
- ___ forces sexual acts with him/her or others that make you uncomfortable or hurt you
- ___ forces sex after beating or threat of a beating
- ___ insists on sexual contact, kissing, touching, or fondling
- ___ films or photographs you in sexual acts when this is unwanted by you
- ___ calls you derogatory sexual names like “whore” or “frigid” or “bitch”
- ___ forces you to strip; forces you to dress in a particular way
- ___ forces you to view pornography or other people performing sexual acts
- ___ voyeurism - watches you undress or shower when this is unwanted by you
- ___ makes crude jokes or remarks about you or other women; treats women as sex objects
- ___ criticizes and demeans you sexually or attacks your femininity
- ___ disregards your sexual needs and feelings about sex
- ___ has affairs with other women after agreeing to a monogamous relationship with you
- ___ extreme jealousy; accuses you of having affairs or wanting sex with others
- ___ threatens to sexually abuse your children if you don't comply with his demands
- ___ spreads rumors about your sexual behaviors
- ___ withholds sex and affection
- ___ forces you or refuses to let you use birth control
- ___ makes unwanted public advances
- ___ puts you at risk for unwanted pregnancy or sexually transmitted diseases
- ___ directs physical injury towards sexual areas of your body